



# Adoration Prayer

CHRISTIAN  
HOME CARE  
NEWSLETTER

April 2026

# WHO TO CALL FOR SUPPORT

## ANCA STAMATESCU



Anca oversees the Care Coordination Team. She is the main point of contact for new enquiries as well as feedback and suggestions.

Phone: (03) 9069 6202

## JOSHUA TIONG



Joshua is part of our Care Coordination Team. He will be in touch with you for assessments, care plans and service reviews.

Phone: (03) 9069 6200, option 2

## STIFFANY TOUSSAINT



Call Stiffany for scheduling new services with a caregiver, changing or cancelling scheduled services, and general admin matters.

Phone: (03) 9069 6200, option 1

## TIMOTHY DRAGAN



Timothy is assisting with Care Coordination: service referrals, purchases, booking events and general Elders' support.

Phone: (03) 9069 6200, option 2

## JULIANNA HORNE



Julianna is assisting with both rostering and care support, service referrals, purchases, booking events and general Elders' support.

Phone: (03) 9069 6200, option 2

## DINU STAMATESCU



Call Dinu for any Accounting and Compliance matters that could not be resolved with other members of the team.

Phone: (03) 9069 6201

## PIERCE WU



Pierce (CPA) is our Accountant .

Call Pierce for any queries regarding invoices and statements.

Phone: (03) 9069 6200, option 3

## WHAT ELDERS SAY ABOUT US:

*"Good morning Dinu.*

*I hope you are keeping well.*

*We just wanted to let you know how really blessed we were by the beautiful service yesterday. The children's choir was just lovely and the message was most appreciated.*

*Please thank all of those who participated.*

*Many blessings  
A and B"*

## CELEBRATING OUR COMMUNITY

We would love to highlight the testimonies, stories, special anniversaries or events of the Elders in our community.

If you have anything to share, please email us at [anca@christianhomecare.com.au](mailto:anca@christianhomecare.com.au) and we would love to feature you!

## HAPPY BIRTHDAY TO OUR COMMUNITY MEMBERS



Elders:

Abraham L. Halena A. Rhona B. Jannetje DV. June E.  
Patricia G. Dennis H. Diane H. Julie K. Rita M.  
Vasile M. Margery N. Graeme P. Jennifer S.  
Dawn S. Margaret S. Catena V. Elly Z.

Staff and Volunteers:

Naomi D. Rebecca D. Robyn H. Anca S. Chely T.  
Christine W.

# CHRISTIAN HOME CARE NEWS

Monthly Newsletter

## Word of the month: Prayer of Adoration

Page 03

## Strengthened Aged Care Standard 3

Page 04

## Strengthened Aged Care Standard 4

Page 05

## Budgets versus Statements

Page 06

## The Prayer of Adoration

Page 07

## Christian Home Church

Page 08

## Transport under Support at Home

Page 09

## Influenza Vaccination

Page 10

## CHC Community is Wonderful

Page 11

## Mother's Day Invitation

Page 12

## WORDS OF THE MONTH: PRAYER OF ADORATION

*"<sup>1</sup> Praise the Lord, my soul;*

*all my inmost being, praise his holy name.*

*<sup>2</sup> Praise the Lord, my soul,*

*and forget not all his benefits—*

*<sup>3</sup> who forgives all your sins*

*and heals all your diseases,*

*<sup>4</sup> who redeems your life from the pit*

*and crowns you with love and compassion,*

*<sup>5</sup> who satisfies your desires with good things*

*so that your youth is renewed like the eagle's".*

Psalm 103 1-5

As we have just journeyed through the Easter's Holy Week, as we have once again been reminded of what God has done for us and what Jesus has gone through to pay for our sins through death on the cross, my heart is moved to adoration for God's great plan to deal with our sinful nature and reset the relationship broken by the original sin.

After the Easter season, as we have come "on the other side", when Jesus defeated death once and for all, I am elated and cry out "Hallelujah! Christ is risen! He is risen indeed!"

Adoration is my only available response to what God our Father has done for us:

***"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."*** (John 3:16).

Dear Father God, we adore you and we trust in your forgiveness through your son, Jesus Christ, and we adore you for the hope we have for eternal life. We thank you for your mercy and we rejoice in the great plan you have for us all. Amen!

by Dinu Stamatescu



Strengthened Aged Care  
Quality Standards

# Strengthened Quality Standard 3: The care and services

Provider fact sheet



Strengthened Quality Standard 3 explains the way providers need to deliver funded aged care services. It applies to registered providers in Categories 4, 5 and 6.

Strengthened Quality Standard 3 is about the way you tailor care and services to each older person. You need to understand that the older person has the right to take risks and you need to plan care to support this.

In this Standard, there are some new topics or expectations.

### Older person statement



**My care is based around who I am and what's important to me.**

### Worker statement



**I understand who I'm caring for and what is important to them.**



Strengthened Aged Care  
Quality Standards

# Strengthened Quality Standard 4: The environment

Provider fact sheet



Strengthened Quality Standard 4 is about older people receiving funded aged care services in an environment that is safe, supportive and meets their needs. It applies to registered providers in Categories 4, 5 and 6.

Strengthened Quality Standard 4 recognises the importance of clean, safe and comfortable environments that allow older people to move around freely. It prioritises good infection prevention and control (IPC) practices, which are a key part of service delivery to protect older people in care, their supporters, family, carers and staff.

You need to understand how to identify infection-related risks and options to keep providing care that meets people’s needs.

In this Standard, there are no new topics or expectations.

### Older person statement



**I feel safe and supported where I live.**

### Worker statement



**I create a safe and supportive environment.**

# BUDGETS VERSUS STATEMENTS

We noticed some lack of clarity between Statements and Budgets and we would like to explain further the differences between these important documents and their roles.

## YOUR BUDGETS ARE PRESENTED LIKE THIS:

### QUARTERLY BUDGET

(April - June 2026)

Home Care Package

**Please note: this budget represents an estimate only; it is a plan for the quarter representing the services fitting within the Government subsidies and leaving a safety buffer for unexpected needs. You will not be charged based on this budget, but on the services that you use each month.**

As the first page of the budget states, **this is an estimate only**, based on assessments / reassessments and your preferences in regard to what services you wish for. **This is non-binding, you can review / change it at all times.**

Please note that, if our systems calculate that you need to pay a certain contribution (either required by the Government, or based on needs exceeding the available funding), you need to understand the potential contributions required and the payments you may need to make, if all services required are delivered.

When the budget changes significantly, we may send you 2 printed copies in the mail: one for your records, the other to be signed, dated and returned to CHC in the reply paid envelope provided.

## YOUR STATEMENTS ARE PRESENTED LIKE THIS:



**Christian Home Care**

14 Panfield Avenue  
Ringwood North, VIC 3134

ABN 64 104 724 558

**Statement & Tax Invoice**

DATE	INVOICE MONTH
2026-03-23	February 2026

INVOICE TO

Statements start with a page detailing the month they refer to:

**Dear ...,**

**Please find below your statement for the month of ... 2026 and attached the transactions for the month detailing all the services you received.**

This page describes your available funds at the beginning of the month, total spending for the month and funding left for the quarter, at the end of the month. It shows also your required personal contributions for the month (if you have any), and the Care Management hours used. The statement shows also the detailed services used, the services schedule from statement date to the end of next month and any relevant announcement about Aged Care industry changes.

Relationships grow deeper the more we truly know a person - and the same is true in our relationship with God. Likewise, prayer of adoration is an expression of that connection. Rather than asking for help or provision, it focuses entirely on who God is - His character, glory, and worth - offering Him honour and love simply because He is God.

At its heart, the prayer of adoration begins with recognising God's nature. Scripture repeatedly calls believers to this posture: **"Come, let us bow down in worship, let us kneel before the Lord our Maker"** (Psalm 95:6). Here, adoration is defined by humility, reverence, and awe before the Creator.

Adoration also involves meditating on God's attributes. Scripture reveals that He is holy (Isa 6:3), loving (1 John 4:8), and eternal (Ps 90:2). By focusing on these truths, believers shift their attention away from their own concerns and toward the greatness of God, shaping the heart in wonder and devotion.

A key element of adoration is humility. As we behold God's greatness, we recognise our smallness - yet this is not discouraging, but grounding. As Psalm 8:3-4 reflects, **"When I consider your heavens... what is mankind that you are mindful of them?"** Adoration brings both reverence and gratitude, as we marvel that such a great God is also attentive to human life. Adoration is not dependent on circumstances. While praise may come easily in joy, Scripture calls for worship in every season. In Habakkuk 3:17-18, the prophet declares that even if the fields are empty and the flocks are gone, "yet I will rejoice in the Lord." Such adoration is important because it affirms that God's worthiness does not change with our situation. It becomes an act of faith, strengthening trust and resilience.

Another important aspect of adoration is how it transforms the believer. As we fix our gaze on



God's greatness, our worries begin to shrink in comparison. In Matthew 6:19-24, Jesus exposes the root of anxiety as misplaced trust in material idols, rather than in God. Accordingly, in addressing anxiety, he issues three imperatives: "look at the birds" (v. 26), "consider the lilies of the field" (v. 28), and "seek first his kingdom and his righteousness" (v. 33). These exhortations are not ends in themselves; rather, they direct us beyond creation to the character of our heavenly Father. Through such acts of contemplation and adoration, our "little faith" (v. 30) is confronted and corrected. Adoration, therefore, reorients the heart to God's will, producing peace and clarity. Instead of being consumed by our needs, we become anchored in the steadfast character of God.

In today's busy and distracted world, prayer of adoration fixes our gaze on God, bringing comfort and peace. Even a few moments each day to acknowledge his presence can restore calm and purpose. There are many ways to practice prayer of adoration. Some believers use the Psalms as a guide; others speak spontaneously, expressing their love and awe in their own words and from their own situations. The key is the posture of the heart - focused entirely on God.

Adoration is relational. It is the response of a heart that knows God as the source of all beauty, truth, and life. In lifting our hearts to him, we draw near and find joy in his presence.

By Timothy Dragan

# CHRISTIAN HOME CHURCH



**Our Christian Home Church gatherings are welcoming you all with love!**

**You may be our Elder, our Elders' children, grandchildren, neighbours, friends, our staff, volunteers or subcontractors with their children or parents or friends, or you can simply be a friend of CHC.**

**If you have never joined us and you would like to come and have a peek, just come and see, you will be the guest of honour!**

**Our next Christian Home Church services and afternoon tea meetings are planned for Wednesday 22 April, 6 May and so on.**

**For our usual church services we meet on the premises of : St Paul's Anglican Church (also called Mullum Mullum Anglican Church) at**

**40 Warrandyte Rd, Ringwood 3134**

and there is ample parking.

We highly recommend that you keep social distancing and wear a mask if concerned about COVID or other infectious diseases.

Please note that we cannot take responsibility for your COVID safety when attending; if you deem attendance as an unacceptable risk to your health, we understand!

**VISIT OUR CHRISTIAN HOME CHURCH WEBSITE AT**

**[HTTPS://CHRISTIANHOME.CHURCH](https://christianhome.church)**

**FOR UPCOMING SERVICE DATES, SERVICES RECORDINGS, PRAYER REQUESTS, ETC.**

Christian Home Church is an ecumenical non-denominational church where we welcome people from any background and hope that irrespective of having been brought up as Catholics or Baptists or Pentecostal, Methodists, Lutherans, Presbyterians and so on, or maybe having no prior connection with church, we will all meet up in unity to bring glory to our God, praise our Saviour and thank our Holy Spirit.

## PSALM OF THE MONTH

### Psalm 145 1-8

- 1 I will exalt you, my God the King;  
I will praise your name for ever and ever.
- 2 Every day I will praise you  
and extol your name for ever and ever.
- 3 Great is the Lord and most worthy of praise;  
his greatness no one can fathom.
- 4 One generation commends your works to another;  
they tell of your mighty acts.
- 5 They speak of the glorious splendor of your majesty—  
and I will meditate on your wonderful works.<sup>[1]</sup>
- 6 They tell of the power of your awesome works—  
and I will proclaim your great deeds.
- 7 They celebrate your abundant goodness  
and joyfully sing of your righteousness.
- 8 The Lord is gracious and compassionate,  
slow to anger and rich in love.

# TRANSPORT UNDER SUPPORT AT HOME

In the Support at Home program the **transport** service can only be used to provide group or individual transport assistance to **connect an older person with their usual activities**.

**Transport cannot be used for holiday-related travel.**

More information from the Government below:

**“Can a participant use their Support at Home budget for ‘transport’ if there are state-based or local government travel assistance programs available?”**

Any state-based or local government travel assistance programs that can meet the needs of a participant must be used in favour of funds from their Support at Home budget”.

**This means that if Elders are in possession of a 50% taxi card reduction, they should use that card in favour of the SaH transport (e.g. Cabcharge).**

**“Can a participant pay for a taxi or rideshare directly?”**

No, the ‘indirect transport’ service is for a voucher for taxi or rideshare services (including Cabcharge). It does not allow direct payment to the driver”.

**This means SaH does not allow reimbursements for taxi usage.**

## WHAT IS CHANGING FOR SHIFTS THAT INCLUDE TRAVEL?

**The SaH requirements for charging shifts that include travel/Kms have changed;**

(e.g. shifts where a Caregiver takes an Elder shopping or does an errand on behalf of the Elder).

The latest advice on this from the Department of Health, Disability and Ageing says:

“Travel costs associated with other services (for example, for a personal care worker or therapist to travel to a participant’s home) must be included in the price for that service.”

**This means that we shall not be able to charge the travel by Kms, instead we need to include the transport cost in the hourly rate charged.**

For example, a 2 hours respite shift was charged per hour, and the travel was charged per kms and appeared in your statement on a separate line.

To comply with the SaH program, each shift that may require travel will have the following options:

- Shift (without travel)
- Shift with short trip (less than 10 Kms)
- Shift with medium trip (10 to 19 Kms)
- Shift with long trip (20 to 30 Kms)
- Shift with very long trip (quote upon request)

We are working on the technical side of implementing this change as requested by the Government.

# INFLUENZA (FLU) VACCINATION

Extract from



**National Immunisation Program**  
**Influenza (Flu) Vaccination**  
Consumer fact sheet

## People aged 65 years and over

- Influenza can be especially serious for people aged 65 years and over, so getting vaccinated every year is very important.
- All adults in this age group can get a free Influenza vaccine that is specially designed to give a stronger immune response and better protection.
- Flu vaccines can also be safely given at the same visit as COVID-19 vaccines, RSV vaccines and the shingles vaccine.

## When to get your influenza vaccine

- You should get vaccinated each year from when the vaccine is available in March or April to be protected before the influenza season. In most parts of Australia, the peak flu season is from June to September. It is never too late to get the Influenza vaccine, because flu can spread at any time of the year.
- If you had last season's Influenza vaccine late last year or early this year, you should still get the new season's vaccine when it becomes available.

## Where to get the influenza vaccine

Vaccination appointments can be booked at a range of health services including:

- local doctors or general practices
- local council immunisation clinics (available in some states and territories)
- community health centers
- Aboriginal health services
- participating pharmacies.

Not all these health services will have the free NIP vaccines. Check with your preferred health service to find out:

- about the specific vaccines they can provide
- when they will be available
- when you can book in to have the vaccine
- if there is a consultation fee or service charge to get the free vaccines.

# CHC COMMUNITY IS WONDERFUL!



We visited the Saturday market in Montrose especially to catch up with Inge and to visit her stand.

Our lovely Elder, Inge (in the photo above), has been a regular participant at various markets and her stand is filled with so many beautifully crafted articles.

Each market day requires a lot of energy and Inge has been doing this for a very long time.

**Congratulations, Inge!**

---

## Have you got a complaint?

At Christian Home Care we strive daily to provide excellence in Home Care Package Service Delivery. Have we missed something?

Raising your complaint promptly and directly with us gives you the best chance of a satisfactory resolution - please call us on 03 9069 6201.

If you don't receive a response to your complaint or are not satisfied with the response, you can contact Aged Care Quality and Safety Commission (ACQSC) or an advocate.

For more information on how to raise a complaint, you can find resources on ACQSC website [agedcarequality.gov.au](http://agedcarequality.gov.au). If you want to contact an aged care advocate, call 1800 700 600. You can contact ACQSC on 1800 951 822.

# Mother's Day High Tea



## Let's Celebrate Together

**Wednesday 6th of May**

**CHC church service from 2pm to 3pm**

**High Tea from 3pm to 4.15pm**

**All gentlemen are warmly invited to join our ladies.**

**The invitation for all CHC community!**

**Bring mum or bring a photo with your mum**

**St. Paul's Anglican Church, 40 Warrandyte Rd, Ringwood**

**Please RSVP by 4th of May for catering purposes at:**

**[coordination@christianhomecare.com.au](mailto:coordination@christianhomecare.com.au) or (03) 9069 6200, option 4**

During our Christian Home Care and Christian Home Church services and events we take photos and videos which we may use in our publications such as newsletters, invitations, presentations, websites, streamed church services, etc. By participating to our services and events you give us permission to use such photos and recordings.