

Petition Prayer



CHRISTIAN HOME CARE NEWSLETTER

March 2026

WHO TO CALL FOR SUPPORT

ANCA STAMATESCU



Anca oversees the Care Coordination Team. She is the main point of contact for new enquiries as well as feedback and suggestions.

Phone: (03) 9069 6202

STIFFANY TOUSSAINT



Call Stiffany for scheduling new services with a caregiver, changing or cancelling scheduled services, and general admin matters.

Phone: (03) 9069 6200, option 1

DINU STAMATESCU



Call Dinu for any Accounting and Compliance matters that could not be resolved with other members of the team.

Phone: (03) 9069 6201

JOSHUA TIONG



Joshua is part of our Care Coordination Team. He will be in touch with you for assessments, care plans and service reviews.

Phone: (03) 9069 6200, option 2

TIMOTHY DRAGAN



Timothy is assisting with Care Coordination: service referrals, purchases, booking events and general Elders' support.

Phone: (03) 9069 6200, option 2

JULIANNA HORNE



Julianna is assisting with both rostering and care support, service referrals, purchases, booking events and general Elders' support.

Phone: (03) 9069 6200, option 2

CELEBRATING OUR COMMUNITY

We would love to highlight the testimonies, stories, special anniversaries or events of the Elders in our community.

If you have anything to share, please email us at anca@christianhomecare.com.au and we would love to feature you!

WHAT ELDERS SAY ABOUT US:

"Thank you all for faithfully and lovingly care for mum's needs - much appreciated."

Mary

HAPPY BIRTHDAY TO OUR COMMUNITY MEMBERS



Elders:

Kuen-Cho C. Jan K.
Hazel L. Jeanette M. Maralin M.
Antonia P. Derry T.

Staff and Volunteers:

Mellisa K. Timothy D.

CHRISTIAN HOME CARE NEWS

Monthly Newsletter

Word of the month: Petition Prayer

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WORDS OF THE MONTH:

PETITION PRAYER

"This, then, is how you should pray:

"Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done,

on earth as it is in heaven.

Give us today our daily bread."

Matthew 6, 9-11

Do you have things to ask God for? Better health? More material possessions? Better family relationships?

Our list of petitions to God is endless, as many things we think we need are not coming our way when we think we need them.

Does God respond? Yes, He does, in His own time and His own way.

If somebody petitions God today to receive \$10 million dollars by tomorrow, would that be what they really need?

You may have read about people winning the lottery that end up very sad, unfulfilled, worse off than before their win.

God knows what we really need, and when we need a response to our petition; we may ask for money, but He provides love and attention from family; we may ask for power, but He knows that we need to repent from our sins and re-target our priorities.

Should we petition the Lord for our needs? Of course we should; Jesus tells us so, in the Lord's prayer above.

I encourage us all to bring our petitions to the Lord, and trust that He responds. Anca and I are praying daily for all our community, and we believe that our petitions are answered and that our community is always in the loving hands of the Almighty!

by Dinu Stamatescu



Strengthened Aged Care Quality Standards

Standard 1: The individual

Information for older people



The **Aged Care Quality Standards** (Quality Standards) are a set of requirements that define what good care looks like.

The Quality Standards have been strengthened to deliver better aged care for older people and took effect with the new *Aged Care Act 2024* from 1 November 2025.

There are 7 strengthened Quality Standards. This document is about strengthened Standard 1: The individual.

Who does Standard 1 apply to?

Standard 1 applies to government-funded aged care providers who deliver:

- personal care and care support in the home and community
- nursing and transition care
- residential care.

Under Standard 1, your aged care provider must:

- ✔ treat you with dignity and respect. You have the right to not experience any discrimination, abuse or neglect
- ✔ support, welcome and value your:
 - identity
 - background
 - culture and beliefs
 - ability
 - personal experiences
- ✔ make you feel safe
- ✔ help you maintain your independence, quality of life
- ✔ give you timely, accurate and easy to understand information
- ✔ explain your care options and help you make choices about your care
- ✔ support your decision making
- ✔ consider your needs, goals and preferences
- ✔ support your right to take risks.



Strengthened Aged Care
Quality Standards

Strengthened Quality Standard 2: The organisation

Provider fact sheet



Strengthened Quality Standard 2 requires the governing body to meet certain requirements to deliver funded aged care services. It applies to registered providers in Categories 4, 5 and 6.

Strengthened Quality Standard 2 recognises it's the responsibility of the governing body to set strategic priorities and encourage a culture of safety, quality and inclusion. Your workers and governance systems are key to the delivery of safe, quality, effective and person-centred care for every person in your care.

In this Standard, there are some new topics or expectations.

Older person statement



I have confidence in my service provider.

Worker statement



I feel empowered to do my job well.

AGED CARE SUPPORTERS

Older people have a right to make decisions about their own lives. This includes decisions about their care. They also have a right to have support to make those decisions.

Supported decision-making

Supported decision-making means helping an older person to make and communicate their own decisions and have control of their lives. It focuses on helping older people:

- understand their options
- think about the advantages and disadvantages
- make decisions about their care. This includes decisions about making a complaint.

Supported decision-making is different for everyone. It can include:

- sharing information in a way the older person can understand. For example, looking at information together, talking about what it means and using plain language
- helping the older person to understand the options and their possible consequences
- supporting the older person to clearly communicate their choices
- different levels and types of support, depending on the older person's needs and circumstances, and the type of decision they are making
- helping the older person, their family, other supporters and the provider to understand the complaints process and how to support the older person through it.

Types of supporters

Older people can choose who supports them. For example:

- their family, carers and other significant people in their lives
- a registered supporter
- an aged care advocate.

They can have more than one supporter.

Registered supporters

A registered supporter is someone an older person trusts – like a family member or friend – who helps them make and communicate their own decisions about their care, including speaking to providers, aged care assessors, and us. They can ask for, access, and receive information about the older person they support. This is different from a guardian or power of attorney, who can legally make decisions for an older person. Registered supporters don't have the authority to make decisions for the older person. Their role is to:

- support the older person's personal, cultural and social wellbeing
- help the older person make and communicate their own decisions
- support the older person's ability to make their own decisions.

Some registered supporters also have roles such as guardianship or enduring power of attorney. Supporters can be registered by:

- contacting [My Aged Care](#), an aged care assessor or an Aged Care Specialist Officer
- completing the [Registration of a Supporter form online](#) or on a My Aged Care account.

Not every older person will want or need a registered supporter. Some will feel they are already supported by their family, carers and other significant people in their lives to make their own decisions.



What does the word “petition” bring to mind? It makes me think immediately of an aggrieved section of our society seeking its rights restored by politicians through a document well written, convincing and profound, that is signed by many like-minded people and it is well publicised, then submitted to authorities.

There is a simple way to ask an even higher authority to help us: prayer of petition. Who is the higher (actually, highest...) authority? God Himself.

What gives us the right to ask the highest authority? Through Jesus Christ, we are heirs to the eternal kingdom, God’s own children.

The Bible describes our prayer life as a direct communication with God. In Hebrews 4 we are encouraged to approach Him boldly:

“Let us then with confidence [boldness] draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.” (Hebrews 4:16)

Through prayer we seek God by drawing nearer to Him.

Petition praying means asking God for something we need or desire. Here are some steps we can follow when we bring our petitions to our God:

1. **Begin with reverence:** We can start praying by acknowledging God's greatness, power and love (such as *“Dear God, I come to You in humility and awe.”*)

2. **Continue with thanksgiving:** Before we ask for anything, we can take a moment to thank the Lord for the blessings we have already received in our life.
3. **State the petition:** We present our request to God being honest about our needs and desires.
4. **Pray with faith:** We believe that God can answer our prayer. We pray with boldness, confidence and trust that God hears our prayers and will answer them in His own time and in His own way.
5. **Close with gratitude:** After we have made our petition we express gratitude for God's love and care for us. (A simple example would be *“Thank you, God, for hearing my prayer.”*)

Should we expect that our petitions are heard and the expressed needs met? Of course we should, with some further considerations: they will be answered **in God’s time and in God’s way.**

Philippians 4:6-7 is a wonderful guide for prayer and peace of mind:

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

By Dinu Stamatescu

CHRISTIAN HOME CHURCH



Our Christian Home Church gatherings are welcoming you all with love!

You may be our Elder, our Elders' children, grandchildren, neighbours, friends, our staff, volunteers or subcontractors with their children or parents or friends, or you can simply be a friend of CHC.

If you have never joined us and you would like to come and have a peek, just come and see, you will be the guest of honour!

Our next Christian Home Church services and afternoon tea meetings are planned for Wednesday 11 March, 25 March and so on.

For our usual church services we meet on the premises of : St Paul's Anglican Church (also called Mullum Mullum Anglican Church) at

40 Warrandyte Rd, Ringwood 3134

and there is ample parking.

We highly recommend that you keep social distancing and wear a mask if concerned about COVID or other infectious diseases.

Please note that we cannot take responsibility for your COVID safety when attending; if you deem attendance as an unacceptable risk to your health, we understand!

VISIT OUR CHRISTIAN HOME CHURCH WEBSITE AT

[HTTPS://CHRISTIANHOME.CHURCH](https://christianhome.church)

FOR UPCOMING SERVICE DATES, SERVICES RECORDINGS, PRAYER REQUESTS, ETC.

Christian Home Church is an ecumenical non-denominational church where we welcome people from any background and hope that irrespective of having been brought up as Catholics or Baptists or Pentecostal, Methodists, Lutherans, Presbyterians and so on, or maybe having no prior connection with church, we will all meet up in unity to bring glory to our God, praise our Saviour and thank our Holy Spirit.

PSALM OF THE MONTH

Psalm 70

¹ Make haste, O God, to deliver me; make haste to help me, O Lord.

² Let them be ashamed and confounded that seek after my soul: let them be turned backward, and put to confusion, that desire my hurt.

³ Let them be turned back for a reward of their shame that say, Aha, aha.

⁴ Let all those that seek thee rejoice and be glad in thee: and let such as love thy salvation say continually, Let God be magnified.

⁵ But I am poor and needy: make haste unto me, O God: thou art my help and my deliverer; O Lord, make no tarrying.

SUPPORT AT HOME (SAH) FREQUENTLY ASKED QUESTIONS:

WHAT FOOD PROVIDERS CAN WE ONBOARD?

The requirements for meal providers have changed. CHC is reviewing the compliance of meals providers we currently use and we shall be in contact if there are any issues with your preferred meals provider.

PREVIOUS QUARTER'S UNSPENT FUNDS

Early March we expect that Services Australia will clarify and advise us of the unspent funds that some Elders will receive from the previous quarter (Nov and Dec 2025). The rollover amount is whichever is higher from the amounts below:

- a capped amount of \$1,000, or
- 10% of your quarterly funding (inclusive of supplements).

Once we have these amounts confirmed, we shall include them on the next statement.

If your current budget is tight, once the unspent funds are confirmed, we shall be in contact with you to see what extra services we can provide for the rest of the month.

HOME MAINTENANCE AND REPAIRS

The Support at Home regulations advise that the 'assistance with home maintenance and repairs' service covers minor repairs and maintenance where the activity is something the person used to be able to do. For example:

- activities such as replacing tap washers, replacing batteries in smoke alarms and gutter cleaning would be **in scope** for this service
- activities such as servicing heating and cooling systems, window glazing, painting and installing decking would be **out of scope** for this service.

This service does not cover activities the person used to be able to do where they were previously a professional tradesperson, trades assistant or handyman and owned specialised equipment (such as professional power tools, sophisticated access equipment, portable workstations or extensive tool kits).

Services that would typically be done by a professional can be delivered in circumstances where there is an imminent safety risk.

NUTRITION

Do I need supplementary dietary products to be prescribed?

The 'prescribed nutrition' service only covers prescribed supplementary dietary products.

Funding can be used for supplements prescribed by an Accredited Practising Dietitian or an AHPRA-registered health practitioner operating within their scope of practice.

Dietary supplements can only be used for needs related to age-related functional decline or impairment. It does not cover meal replacements for weight loss.

THE NEW CHC PORTAL

The CHC Portal is ready for release!

Over the last few months, our IT team has worked hard on a CHC Portal (fully in-house made, not purchased, built to our requests for meeting our specific needs) that would enable Elders and families to access up-to-date details about:

- **Financial Summaries**
- **Current budget and budget history**
- **Spend tracking** - your previous months are shown, also the current month transactions, as they are processed
- **Upcoming Services** - up-to-date details of upcoming shifts, similar to the Service Schedule provided with statements, but showing all recent changes

Christian Home Care Elder Information Portal

Access the latest information about your elder's care, budget, and wellbeing in one secure location.

The image shows four service cards arranged horizontally. Each card has a colored circular icon at the top, a title, a brief description, and a button at the bottom with a right-pointing arrow.

- Elder Information** (Blue icon with '\$'): View financial summaries, account balances, and real-time elder care information from the accounting system. Button: View Information →
- Budget Documents** (Green icon with document): Access and download quarterly budget plans created by your care team, including funding allocations and planned services. Button: View Documents →
- Spend Tracking** (Purple icon with line graph): View detailed expense information and transaction history with itemized service costs and delivery dates. Button: Track Spending →
- Upcoming Services** (Orange icon with calendar): View scheduled care appointments and services from the care coordination system for the current month. Button: View Schedule →

Our Services

The image shows four service icons arranged horizontally. Each icon is a red circle containing a symbol, with a title and a short description below it.

- Compassionate Care** (Heart icon): Providing loving care for your elderly family members.
- Safe Environment** (Shield icon): Ensuring a secure and comfortable living environment.
- Family Connection** (Group of people icon): Keeping families connected with regular updates and communication.
- Prompt Support** (Clock icon): Effective care and support when you need it most.

Stay Connected

Access up-to-date information about your elder's care, budget, and daily activities through our secure portal.

[Access Your Portal →](#)

To access the Portal, please email us at services@christianhomecare.com.au

Family members requesting access need to provide a short email / letter from the Elder, authorising access.

Hoping that you will enjoy the Portal features - awaiting your feedback as well!

CHC COMMUNITY IS WONDERFUL!



Always a pleasure to visit our Elders and spend time together.

Our Elder Kae (pictured on the left) reminds us to “go with the flow” and enjoy the little things and the day to day blessings.

Netty, our Elder pictured on the right, is one of the authors of the fourth anthology written by child survivors of the Holocaust called “In the Sunset of My Days”.

Talk to Netty or let us know if you are interested in the book.



Have you got a complaint?

At Christian Home Care we strive daily to provide excellence in Home Care Package Service Delivery. Have we missed something?

Raising your complaint promptly and directly with us gives you the best chance of a satisfactory resolution - please call us on 03 9069 6201.

If you don't receive a response to your complaint or are not satisfied with the response, you can contact Aged Care Quality and Safety Commission (ACQSC) or an advocate.

For more information on how to raise a complaint, you can find resources on ACQSC website agedcarequality.gov.au. If you want to contact an aged care advocate, call 1800 700 600. You can contact ACQSC on 1800 951 822.



CELEBRATE MESSIAH



Celebrate Messiah

**Wednesday 11th of March starting at 2:00pm, followed by
Afternoon Tea from 3:00 pm**

St. Paul's Anglican Church, 40 Warrandyte Rd, Ringwood

Please RSVP as soon as possible to:

**coordination@christianhomecare.com.au or (03) 9069 6200, option 4
(please also advise us of any carer and transport needs)**

**Our guest speaker for the 2pm church service is
none other than Rabbi Lawrence Hirsch, co-founder of
Celebrate Messiah.**

**During our Christian Home Care and Christian Home Church services and events
we take photos and videos which we may use in our publications such as newsletters, invitations,
presentations, websites, streamed church services, etc. By participating to our services and
events you give us permission to use such photos and recordings.**