



Prayer of Guidance

RIGHT

LEFT

**CHRISTIAN
HOME CARE
NEWSLETTER
June 2026**

WHO TO CALL FOR SUPPORT

ANCA STAMATESCU



Anca oversees the Care Coordination Team. She is the main point of contact for new enquiries as well as feedback and suggestions.

Phone: (03) 9069 6202

JOSHUA TIONG



Joshua is part of our Care Coordination Team. He will be in touch with you for assessments, care plans and service reviews.

Phone: (03) 9069 6200, option 2

STIFFANY TOUSSAINT



Call Stiffany for scheduling new services with a caregiver, changing or cancelling scheduled services, and general admin matters.

Phone: (03) 9069 6200, option 1

TIMOTHY DRAGAN



Timothy is assisting with Care Coordination: service referrals, purchases, booking events and general Elders' support.

Phone: (03) 9069 6200, option 2

JULIANNA HORNE



Julianna is assisting with both rostering and care support, service referrals, purchases, booking events and general Elders' support.

Phone: (03) 9069 6200, option 2

DINU STAMATESCU



Call Dinu for any Accounting and Compliance matters that could not be resolved with other members of the team.

Phone: (03) 9069 6201

PIERCE WU



Pierce (CPA) is our Accountant.

Call Pierce for any queries regarding invoices and statements.

Phone: (03) 9069 6200, option 3

CELEBRATING OUR COMMUNITY

We would love to highlight the testimonies, stories, special anniversaries or events of the Elders in our community.

If you have anything to share, please email us at anca@christianhomecare.com.au and we would love to feature you!

WHAT ELDERS SAY ABOUT US:

Lovely afternoon today at the friendship group!

Have a blessed day 🌹

from Carol H.

HAPPY BIRTHDAY TO OUR COMMUNITY MEMBERS



Elders:

Rita A. Irene C. Rong Hee C. Jim D. Henny D. Alma E. Felicia F. Helena F. Malcolm F. Trijntje H. Rosalind H-P. Ericka H. Maria H. Maureen M. Lois O. Ian S. Denise S. Netty T-S. Grit W. Yong Y.

Staff and Volunteers:

Stiffany T. Effie I. Surinder K.

CHRISTIAN HOME CARE NEWS

Monthly Newsletter

Word of the month: Prayer of Guidance

Page 03

Celebrating our Dear Volunteers

Page 04

National Summary of SaH Prices - Nov. and Dec. 2025

Page 05 and 06

The Power of Prayer in Seeking God's Guidance

Page 07

Christian Home Church

Page 08

Increases in SCHADS Award

Page 09

Meals -Dietician Assessment

Page 09

Support at Home Exclusions

Page 10

Carer Gateway

Page 10

Thank You from Anca

Page 11

Benefits of CHC Portal

Page 12

WORD OF THE MONTH: PRAYER OF GUIDANCE

Growing up as a child, my guidance came from my parents. They knew everything, I thought, and it was safer to do what they advised. Then I became a teenager: I started to know more than my parents (or so I thought...). I started making independent decisions, based on my up-to-date understanding of the world around me. Yes, you guessed right: there were some decisions with unpleasant consequences, when I realised I should have listened more to my parents...

Highschool completed, my knowledge grew; attending University lectures gave me more and more tools to make better decisions. Life experience was growing, I was doing OK. And next, without seeking, but feeling guided by a gentle and strong arm along the way, I met God. And God lavished upon me His wisdom, my decisions becoming more and more driven by faith rather than science and personal knowledge and wisdom.

These days I am pondering more in my decision-making process and when I realise that I am again ignoring the infinite wisdom of God I pause and ask, in prayer, for guidance, like David in Psalm 25:4-5:

***"Show me your ways, Lord,
teach me your paths.***

***Guide me in your truth and teach me,
for you are God my Savior,
and my hope is in you all day long."***

Relying on God's guidance obtained through prayer and meditation gives me reassurance and piece of mind. My desire is that all decisions we take at Christian Home Care are based on solid understanding of the Aged Care context, especially in these times of change, but always grounded in God's guidance that points to love.

May the Lord give us all His blessed guidance in everything!

By Dinu Stamatescu

PRAISE THE LORD FOR OUR VOLUNTEERS!



We are so very grateful to you Neil, David, Terry and Yvette for your generous and heartfelt volunteering at Christian Home Church



You are a great blessing to all of us in the CHC community!





National summary of Support at Home prices – November to December 2025. [\(extract\)](#)

May 2026

This fact sheet is for Support at Home participants. It includes price ranges for most [Support at Home services](#) charged by providers from November to December 2025.

Guidance for Support at Home participants

The information in the table below will help you compare the price your provider is charging with the prices of other providers. It will also assist new Support at Home participants who are choosing a provider for the first time.

Background

This fact sheet includes a summary of prices charged to a participant's Support at Home budget. The prices charged are inclusive of the contribution paid by individual participants.

The contribution an individual pays will depend on the service category and the outcome of their means assessment. Importantly, no one will pay any contributions for clinical care services.

The [Support at Home fee estimator](#) can help you understand how much you may need to contribute to the cost of your care.

Prices in this fact sheet have been reported using a national dataset of prices charged to participants' Support at Home budgets from November to December 2025.

The price ranges have been published to help participants understand how a provider's pricing compares with other providers. These are not price caps and are not recommended prices.

CHC Prices Vs. National summary of Support at Home prices – November to December 2025

Prices per hour	CHC price	National median price	Range (lower)	Range (upper)
Care management	\$120	\$120	\$30	\$150
Personal care				
Assistance with self-care and activities of daily living	\$99	\$115	\$107	\$120
Social support and community engagement				
Individual social support	\$99	\$111	\$105	\$120
Accompanied activities	\$99	\$122	\$110	\$125
Cultural support	\$99	\$129	\$95	\$173
Digital education and support	\$99	\$110	\$61	\$133
Assistance to maintain personal affairs	\$99	\$109	\$84	\$114
Respite				
Community and centre-based respite	\$99	\$130	\$100	\$196
Flexible respite	\$99	\$115	\$105	\$121
Domestic assistance				
General house cleaning	\$99	\$110	\$100	\$117
Shopping assistance	\$99	\$110	\$100	\$125
Home maintenance and repairs				
Gardening	\$99	\$118	\$98	\$143
Meals				
Meal preparation	\$99	\$100	\$70	\$115

As shown above, Christian Home Care has consistently used prices under the national median price. Our philosophy is to charge as little as possible, while maintaining quality and compliance.

Please also note that the median prices published by the Government recently, refer to the prices that companies were already charging six month ago, in November and December 2025.

As you will see on page 9 of this newsletter, current high inflation and imminent changes in Caregivers' pay rates (expected to increase 4.75% from the 1st of July) will require for our rates to be adjusted up in the new financial year.

The Power of Prayer in Decision Making and Seeking God's Guidance

Are you standing at a crossroads, unsure which path to take? You're not alone in this journey. Life often presents everyone with decisions that seem daunting and challenging. In these moments of uncertainty, it can be comforting to know that there is a powerful tool at your disposal — prayer. Through prayer, you can seek clarity and direction, opening your heart to possibilities you may not have initially considered. It encourages reflection and provides a sense of peace, knowing that you're not navigating life's complexities on your own. In his epistle, James, the half-brother of Jesus, wrote, "If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him." This scripture assures us that God's wisdom is available to us if we simply ask. By turning to prayer, we invite God's infinite wisdom and guidance into our decision-making process. It allows us to align our choices with a higher purpose, ultimately transforming how we approach life's pivotal moments. In seeking His divine guidance, we find the courage to move forward with confidence and faith.

Prayer's Role in Decision-Making

Making decisions is an integral part of life, often involving careful thought and consideration. For many, prayer plays a significant role in guiding these decisions, offering clarity and peace of mind. By seeking divine guidance, you can feel more confident in your choices, trusting that they align with a higher purpose. Understanding how prayer influences decision-making can provide valuable insights into the benefits it brings to personal and professional life. Integrating biblical teachings into your prayer life, especially during uncertain times, can further enhance the wisdom and guidance received.



Discerning God's Voice

Prayer is a sacred practice that builds a deeply personal relationship with God. It's a channel through which believers seek guidance, comfort, and understanding. However, amid the noise of daily life, discerning God's voice can be challenging. The human mind is a complex mix of thoughts, emotions, and memories, which can sometimes obscure divine messages. As believers, it's essential to develop the ability to separate God's voice from our internal chatter, so we can align our lives with His divine will. This entails not just listening, but also preparing oneself to recognize and act upon the guidance received.

Distinguishing God's Voice

Differentiating between God's guidance and our own thoughts is a crucial aspect of spiritual growth. To aid in this discernment, consider the following signs that often accompany divine guidance:

- God's voice brings a sense of peace and clarity.
- It is consistent with scripture.
- It encourages selflessness and love.
- It prompts a sense of inner conviction.
- It often remains persistent over time.

Cultivating an awareness of these signs can help fine-tune your spiritual antennae. Beyond recognition, it's about building a deeper connection with Him through prayer and meditation, allowing God's guidance to become a natural part of your decision-making process.

(adapted from CCU - Christian Devotionals)

CHRISTIAN HOME CHURCH



Our Christian Home Church gatherings are welcoming you all with love!

You may be our Elder, our Elders' children, grandchildren, neighbours, friends, our staff, volunteers or subcontractors with their children or parents or friends, or you can simply be a friend of CHC.

If you have never joined us and you would like to come and have a peek, just come and see, you will be the guest of honour!

Our next Christian Home Church services and afternoon tea meetings are planned for Wednesday 15th of July, 29th of July and so on.

For our usual church services we meet on the premises of : St Paul's Anglican Church (also called Mullum Mullum Anglican Church) at

40 Warrandyte Rd, Ringwood 3134

and there is ample parking.

We highly recommend that you keep social distancing and wear a mask if concerned about COVID or other infectious diseases.

Please note that we cannot take responsibility for your COVID safety when attending; if you deem attendance as an unacceptable risk to your health, we understand!

VISIT OUR CHRISTIAN HOME CHURCH WEBSITE AT

[HTTPS://CHRISTIANHOME.CHURCH](https://christianhome.church)

FOR UPCOMING SERVICE DATES, SERVICES RECORDINGS, PRAYER REQUESTS, ETC.

Christian Home Church is an ecumenical non-denominational church where we welcome people from any background and hope that irrespective of having been brought up as Catholics or Baptists or Pentecostal, Methodists, Lutherans, Presbyterians and so on, or maybe having no prior connection with church, we will all meet up in unity to bring glory to our God, praise our Saviour and thank our Holy Spirit.

PSALM OF THE MONTH

Psalm 32:8-11

I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you.

Do not be like the horse or the mule, which have no understanding but must be controlled by bit and bridle or they will not come to you.

Many are the woes of the wicked, but the LORD's unfailing love surrounds the one who trusts in him.

Rejoice in the LORD and be glad, you righteous; sing, all you who are upright in heart!

INCREASES IN SCHADS AWARD RATES

The recent decision of the Fair Work Commission (FWC) was an annual minimum wage increase of 4.75% from the first full pay period starting on or after 1 July 2026.

The SCHADS award pay guide is not yet available for precise levels pay rates.

Christian Home Care is conducting the required financial analysis to understand:

- the effect of the new employee pay rates
- the overall effect of Support at Home structure on providers
- a competitive analysis of the market - our aim has always been to charge just enough to be able to provide the best of care!

With the current high inflation rate, costs cannot go but up, unfortunately.

We shall advise as soon as possible the service rates from the 1st of July 2026.

MEALS - DIETICIAN ASSESSMENT

Registered providers like CHC have a 12 month transition window, ending 31 October 2026, to complete their first dietitian assessment for meals delivered under Support at Home if they did not already have one in place by 1 November 2025.

From 1 November 2025, the Aged Care Act 2024 and Aged Care Rules 2025 introduced a mandatory requirement that meals, snacks and drinks delivered under Commonwealth funded aged care (including Support at Home) must be:

- Nutritious and appetising
- Appropriate for older people's needs and preferences
- Reviewed by an Accredited Practising Dietitian at least every 12 months
- Supported by a Quality Assurance Framework

These obligations apply from Day 1 of the Act and are a condition of provider registration and are monitored by the Aged Care Quality and Safety Commission (ACQSC).

The registered provider retains responsibility, even if the meals are subcontracted. Assessments must be documented and retained for audit purposes.

What does this mean for you: CHC can provide you with meals only from suppliers that:

- Have an annual Dietitian satisfactory assessment
- Are categorised as Class 1 food provider in Victoria

SUPPORT AT HOME EXCLUSIONS

Windows, Gutters and Spring Cleaning

There have been a lot of discussions with the representatives of the Department of Health, Disability and Ageing about services like windows, gutters and spring cleaning. Please see below the advice we got:

“Whether an activity is covered by the ‘domestic assistance’ or ‘home maintenance and repairs’ service types isn’t contingent on whether it’s delivered by a support worker or a professional third party. There are many activities in scope under the ‘domestic assistance’ and ‘home maintenance and repairs’ service types, some of which will be undertaken by independent contractors or third parties.

The ‘assistance with home maintenance and repairs’ service type covers minor repairs and maintenance where the activity is something the person used to be able to do. For example, activities such as replacing tap washers, replacing batteries in smoke alarms would be in scope for this service, and activities such as servicing heating and cooling systems, window glazing, painting and installing decking would be out of scope for this service.

Separate to this, the services that are deemed to be out of scope on the Support at Home service list, are activities that a participant would have generally hired a professional to deliver prior to age related decline i.e., carpet steam cleaning, windows, gutters, spring cleaning or pest control.”

CARER GATEWAY

Carer Gateway is an Australian Government Program

It provides free services and support for carers.

If you care for a family member or friend with disability, a medical condition, mental illness, or who is frail due to age, then Carer Gateway can help you.

The Australian Government works with a range of health and carer organisations across Australia, known as Carer Gateway service providers, to deliver services to carers no matter where they live in Australia.

Carer Gateway provides many services to support carers in their caring role, including:

- in-person and online peer support groups
- tailored support packages to help with accessing planned respite, transport services, and more
- in-person and phone counselling
- in-person and online self-guided coaching
- online skills courses to support your wellbeing and understanding of legal responsibilities relating to the caring role
- access to emergency respite if you suddenly find you can’t provide care, for example if you become ill or injured.

Contact Carer Gateway to see if you are eligible

1800 422 737

Monday to Friday, 8am to 5pm

THANK YOU FOR YOUR HEARTFELT SUPPORT



I am writing with a heart filled with gratitude toward everybody in our community who has been thinking, praying and reaching out to me over the last month since my mum's passing.

I am also very grateful to God for caring me through the difficult times and for giving me the privilege to be in Romania and care for my mum during the last six weeks of her life. Being with mum and dad during that time has been a true blessing.

Thank you again for all your prayers, cards, flowers and phone calls! They have brought me a lot of comfort.

With love, Anca

Have you got a complaint?

At Christian Home Care we strive daily to provide excellence in Home Care Package Service Delivery. Have we missed something?

Raising your complaint promptly and directly with us gives you the best chance of a satisfactory resolution - please call us on 03 9069 6201.

If you don't receive a response to your complaint or are not satisfied with the response, you can contact Aged Care Quality and Safety Commission (ACQSC) or an advocate.

For more information on how to raise a complaint, you can find resources on ACQSC website agedcarequality.gov.au. If you want to contact an aged care advocate, call 1800 700 600. You can contact ACQSC on 1800 951 822.

BENEFITS OF THE CHC PORTAL

The new Christian Home Care portal can help you stay up to date in many ways.

Here are some examples:

Are you wondering what services you have this week, or whether you cancelled or not an upcoming service when you are not home?

You could search for your latest statement, that has a schedule of services, and refer to it. However, while this schedule was correct at the time of issuing it, things may have changed...

Alternatively, you can check, on the portal, the most up-to-date scheduling!

Upcoming Services (12)

Upcoming scheduled services sorted chronologically from CHC's hybrid schedule feed. All dates and times are shown in Melbourne time (Australia/Melbourne).

Scheduled Care Service

Calendar event: Citizen, John

#4A90E2 ⌚ 2.0h

Sat, 6 June 2026

11:00 am - 01:00 pm

Normal Time

Scheduled Care Service

Calendar event: Citizen, John

#4A90E2 ⌚ 2.0h

Mon, 8 June 2026

02:00 pm - 04:00 pm

Normal Time

Scheduled Care Service

Calendar event: Citizen, John

#4A90E2 ⌚ 3.0h

Wed, 10 June 2026

11:00 am - 02:00 pm

Normal Time

Spend Tracking

View expense information by transaction for John Citizen for a specified month.

Select Elder and Month

Choose an elder and month to view itemised expense information

Elder

Month

June 2026

 Exit Demo

 DEMO

Expense Summary

Total expenses and breakdown by invoice for June 2026

\$2,310.70

Total Expenses

Outstanding Balance: \$2,310.70

8 Invoices

Subtotals

The following are subtotals from government prescribed categories and may not sum to your total spend. For itemised breakdown please check expense details further down on page.

Independence

\$0.00

Everyday Living

\$0.00

Assistive Technology

\$0.00

Clinical

\$0.00

Home Modifications

\$0.00

Expense Details

Detailed expense information from invoices for your connected elder for June 2026

Grand Total: **\$2,310.70**

Services Total: **\$2,310.70**

8 invoices found

8 services conducted

Period: 03/06/2026 - 28/06/2026

If you like to know what services you had in the past, you can access the **Spend Tracking** page and select the month you are interested in.

You can also see the current month transactions, updated every Tuesday.

To access the Portal, please email us at services@christianhomecare.com.au

Family members/supporters requesting access need to provide a short email / letter from the Elder, authorising access.